Thomas Regent rewarded for his hard work

Congratulations to Thomas Regent who received the Victor Chang Cardiac Research Institute (VCCRI) Science Award at a ceremony held at Figtree High School recently.

The Victor Chang Cardiac Research Institute is committed to the promotion of science in the broader community, and its application to the betterment of our society. The Institute believes that it is vitally important to recognise the efforts and achievements of Australian school students in the area of science due to the dramatic decline in both the number of school students pursuing science as a tertiary education option, and pursuing science as a career path.

The VCCRI School Science Award has been developed to foster and encourage an interest among secondary school students. Recipients of this award have demonstrated the highest level of educational achievement, innovation, creativity, and hard work in their science class. The award is available to Year 11 (or equivalent) Australian students.

Awardees were selected by the school, in conjunction with representation from the school’s local municipal council and/or the NSW Department of Education.

Thomas is a hardworking student who shows leadership skills in the classroom particularly in practical tasks. His work ethic outside the classroom is of a very high standard and he is always trying to improve his knowledge base. In Year 11 Thomas achieved 1st in Physics, 2nd in Chemistry and 2nd in Agriculture. He plans to join the Navy once he has finished his HSC.

This award provides Thomas with the opportunity to see firsthand all the remarkable work the Institute’s researchers do on a day to day basis. He will get to explore the laboratories led by a scientist, and develop an understanding of how rewarding medical research can be. Thomas will be visiting the Institute on the 8th December. Congratulations and well done Thomas.

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Learn to Surf

We left school at 7:30am and arrived at Merimbula main beach at 8:45am. By the time we had arrived Bernie Langford (P.E teacher from Eden) and the students from Eden had the surfboards and rash shirts ready for us. After getting sorted with sun screen, surf boards and rashies we made our way down to the beach to begin our lesson.

Once down at the beach Bernie gave us a water safety talk and an outline of the day. We were then taken for a warm up by the Eden students, running along the beach and doing some stretches. Once we were warmed up we began with the basics of surfing. Learning about the different parts of the surf board and what we had to do when we got into the water.

We were quite lucky to have great conditions for learning and we then had a few hours to practice. As there were a few students from Eden, we were split into two groups. One group were the students who had been on the surfing trip before and the other group for beginners. The groups however did not mean much after Coby Robinson (a beginner) stood up on his first wave.

The Eden students helped push and tutor us while we were in the water. Some of us picked it pretty quickly were as other found it a little harder. Some students stayed in the water the whole time we were there. While others had a go, then had a break and then got back into it. By 12:30pm it was time for lunch.

We met back at the beach at 1:30pm for our surf presentation. Bernie had organised lots of prizes for our surfing efforts. Bernie spoke us about how we could continue to improve and how he was quite proud to see many of us standing up during the day.

Our top surfers were Coby Robinson and Jessica Herron, standing up on plenty of waves. Encouragement awards were given to Russell Jameson and Keiarna Rodwell for their continuous effort and time in the water.

All students were lucky to receive a prize which was a bonus for the day. It was then time to jump back on the bus and head back up the hill.

A big thank you must go to Mr Herron and Bernie Langford for organising the ‘Learn to Surf’ trip and the students from Eden for teaching us and tutoring us while in the water. Lastly Mr Challman for accompanying us and showing us how it’s done.
SRC White Ribbon Luncheon

Last Wednesday 6 of our SRC Representatives were invited to a ‘White Ribbon Luncheon’ in Queanbeyan. We also took 4 students from the Bombala Public School as well as 4 students from Monaro High School. We were spoken to by various different speakers about their experiences with domestic violence and what we can do about the issue.

We also participated in some fun activities run by Alan Tongue, a former Canberra Raider, who is a strong advocate for raising awareness of this issue. The SRC are willing to speak to the school about the issue, as well as getting involved with some interesting activities in relation to the topic of domestic violence.

The Amazing Race

Last week on Thursday 26th November students participated in an amazing race around the Bombala river track. Students completed a number of physical, mental and creative challenges within their teams. The Chicks Can sports group who had quality tested the race the previous week assisted staff in running and monitoring pit stops.

All those that participated had a wonderful afternoon with many remarking that final standings did not matter because they had so much fun. Thank you to all the students who helped out on the day or participated in what was a great event due to student enthusiasm and fantastic behaviour from all.

Congratulations to the following teams:
1st place – The Green Machines on 37 points
2nd place – Blue Snippers on 33 points
3rd place – Power Rangers and BJK both on 29 points

Coming events

Wednesday 2 December
Eden - Fishing
Canberra-Paintball

Thursday 3 December
Assembly in hall @ 12:30pm

Tuesday 8 December
Magic Mountain – ‘Big Day Out’

Monday 14 December
Year 11 field trip - Kosciuszko

Wednesday 16 December
Formal Awards Day Assembly
12:30 in the hall
This week in Careers (Week 9 Term 4)

UC FOR YOURSELF VISIT, UNIVERSITY OF CANBERRA (UC)

Last Thursday 26 November 44 students from Year 7 to 12 attended the UC 4 Yourself experience and what a great day it was! We started with a welcome from the team with all of the other schools attending. Next was a hands-on workshop in either forensics where we were presented with a crime scene which needed to be investigated and the lab which fingerprinted items and tested DNA. The other workshop was Airway Clearance which was also very hands on and a great way to start the day. Students were then let loose on campus for lunch. Next was a scavenger hunt around the campus which was certainly great fun except for the shopping trolley incident!

The afternoon saw the expo which again was very hands on and allowed students to participate in experiments and ask any questions of staff in all of the faculties at UC. We then split into two groups and visited the different forms of on campus accommodation. Finally there was an all school farewell where Aspire agents gave their university backgrounds and emphasised to students that everyone can attend university from all different backgrounds.

Our students were excellent ambassadors for Bombala High School and all reports were that the day was highly successful. Thank you to Scott Challman and Leisa Mackey for their supervision and to Michael our fearless coach driver. These opportunities are fantastic for our students and I would like to congratulate all 44 students who made the effort to attend. Thank you also to the Aspire team at UC for organising an excellent and well run event. As always, we value our relationship with UC very highly.

UNIVERSITY OF WOLLONGONG DISCOVERY DAY 2016

Our date for this valuable experience for Year 12 students in 2016 has been confirmed for Tuesday 2 February 2016. The bus is booked and we are ready to roll in 2016. Please keep your permission notes and $70.00 coming along by the end of term. This is a wonderful opportunity. If you have any queries please do not hesitate to contact me.

ENGINEERS WITHOUT BORDERS (EWB)

Unfortunately due to transport issues the EWB program was unable to run last Wednesday. Thank you to our wonderful staff (particularly Nikki Challman and Belinda Rodwell) for being so flexible as we only found out on the morning. We are on a priority list for sessions in early 2016.
CAREERS ADVISOR CONFERENCE BATEMANS BAY

The 18th and 19th November saw this fantastic professional development opportunity. The conference was entitled Exploring the 4C-able Future and saw the majority of careers advisors in the region attend. There were some very interesting sessions throughout the conference including a presentation by the Australian Department of Employment on where the jobs are today and in the future as well as Southern Phone Company discussing the importance of employing and training young people.

There was time to start a Careers Action Plan within our school context and of course the opportunity to network and discuss issues and ideas with colleagues. Thank you to the Senior Pathways Unit for organising and funding this excellent opportunity.

VOLUNTEER SWIM COACHES

The pool is open and that means Bombala Public School swimming lessons have begun. As in previous years the Public School has asked for volunteers to help them with the program. We had many students put their hand up to help out which is fantastic. This year Keiarna Rodwell, Brett Burton, Jade Newman and Kayley Keavey from Year 10 have been volunteering as well as Billy Hines, Georgia Jones, Abbey Boreham, Mackenzie Hampshire, Logan Brownlie and Blake Stevenson from Year 9.

All reports are that the volunteers are doing a great job and they are to be congratulated for their efforts and giving back to our wonderful community. These students have definitely displayed our school values. Well done!

CONGRATULATIONS LORETTA HINES – FULL TIME TRAINEESHIP

We would like to take this opportunity to congratulate Year 11 student Loretta on securing a full time traineeship in child care starting in 2016. She will be working at Wendy and Julie’s Day Care and studying Certificate III in Child Services at TAFE. Loretta is part of our Senior Studies Vocational (SSV) class and this is a wonderful outcome.

The SSV course requires students to work on Fridays and Loretta has done this day with Wendy and Julie since Year 10. As I have mentioned in previous newsletters, Loretta is a highly valued member of the team and is the best work experience student that the centre has had (and they have had many over the years). Well done Loretta, we will miss you however your future is looking bright!

Donna Shelley
Careers
Today we would like you to meet…

Indiana Hentscher
I am 12. My favourite food is Nutella. When I leave school I would like to be a Marine Biologist. I’m not very good at athletics. I like making new friends.

Jo LeRougetel
My husband and I moved to Bombala just over 2 years ago. We decided to try a tree change. We feel extremely blessed to have found such a beautiful country town to call home.

I was born in Newcastle and that’s where I spent my childhood. After my schooling I trained in child care. I spent 20 years working and directing preschools. I have very fond memories of those years.

The last 8 years before moving to Bombala I worked at a behaviour school. It was purposely built for 10-14 year old boys with behavioural and emotional issues. Each day was challenging but I enjoyed every minute of it. It was such a rewarding experience making a difference in their lives.

Growing up my passion was to travel and see the world. It’s something I have been lucky to have done over the years. I also love walking, swimming, reading and gardening.

Since moving to Bombala I have been extremely fortunate to have worked in both the Primary and High Schools. The teachers and children have been very welcoming and I thank them all for that.

Caleb Tonks
My favourite music group is Kansas. I like to play tennis and football. I’m not very good at sport but I am good at video games. I love pies. I’m not scared about coming to high school.

Assessment Task Notification
HSC Mathematics
Task Number: 1 - Class test
Task Weight: 15%
Date of Notification: 19.11.15
Due Date: 03.12.15

Assessment Task Notification
HSC Advanced English
Task Number: 1
Task Weight: 25%
Date of Notification: 16.11.15
Due Date: 08.12.15

Assessment Task Notification
HSC Ancient History
Task Number: 1
Task Weight: 20%
Date of Notification: 18.11.15
Due Date: 10.12.15
Photo Gallery
Boys League Team Come Up Trumps against Eden

Last Friday, we travelled down to Eden to play a friendly game of Rugby League, leaving school at about 8:30am after all students had arrived. With both the school bus and RSL bus packed with kids, we were lucky to have had Rebel Brownlie and Katrina Brownlie to help transport the teams to Eden.

We arrived at 10am which gave the boys half an hour to warm up and stretch for their game. The boys had been training off and on for the past 4 weeks and were keen to finally play. We started with our young guns on the field leaving some of our more experienced players on the bench.

The first half started with some strong defence from Logan and Mitchell which lead to our first points came from Sam Power with a swift show and go. Strong runs from Dylan, Mitchell and Logan put us in good field position for our backs. Alex using his acceleration and skill, cutting through Eden’s defence to find the try line for one of his tries. Blake Stevenson used his speed and cut off some of Eden players before they had a chance to make ground. We were unlucky to loose Zac to a head knock which saw him out for the rest of the game. The boys defence had a lapse with Eden sneaking in with two tries before half time.

The second half the boys showed some solid defence. Dylan had some great runs making good metres, one of them lead to him finding the line. Alex supporting another one of Mitchell’s great runs, led to another try. One of Logan’s tries came from some showing some speed and fending off leading him around the wingers and under posts for a 60m metre try. A kick from Sam Power had Francis chasing and recovering the ball and getting away from the Eden team. Mixing up our positions saw Reagan back in dummy half pushing Charlie to half back. The other of Logan’s tries was a bit easier as he was first receiver and had only to take a couple of steps to fall over the line. Francis’s second try came from a set played, utilising our numbers and speed. The final score was 36 -8.

The team consisted of students from Year 7; Blake Baldwin, Reagan Hurley, Lane Stevenson. Year 8; Tim McGrath, Bryson Phillips-Jones, Sam Power, Coby Robinson, Jordan Rosten. Year 9; Logan Brownlie, Dylan Elton, Zac McGowan, Charlie Peisley, Blake Stevenson. Year 10; Nathan Cusbert, Francis Famador, Mitchell Power, Jayden Robinson. Year 11; Alex Rosten.

The boys played extremely well and showed great sportsmanship. Player’s player going to Blake Stevenson, who played some great defence as well as having some good runs.
Tries: Francis Famador 2, Alex Rosten 2, Logan Brownlie 2, Sam Power 1, and Dylan Elton 1.
Conversions: Alex Rosten 2

A special thank you to Peter Braden for driving the school bus, as well as the parents that came down to Eden to support us.