On Tuesday 8 April 2014, 21 students attended the University of Canberra (UC). We had an early start departing at 7.00 am, however, we were all in good spirits arriving at UC. We were met on the bus by Dan and Ellie who were our Aspire Agents for the day. After a welcome in one of the larger lecture theatres we were broken into 5 teams for a scavenger hunt around the University. This was great fun though very difficult as the building numbers at UC are not in any particular order! After that we made some newspaper ‘vessels’ and the winning team was announced.

We then attended the expo which showcased the different faculties of UC as well as lots of freebies, competitions and science experiments. All of the students asked lots of questions and enjoyed their time.

The students then had the opportunity to visit the newest accommodation on campus, Cooper Lodge. There were lots of ooohs and aaahs as the students had the opportunity to visit a 5 bedroom apartment, a single apartment and the rooftop common area with lounges, massive flat screen televisions, a theatre room and deck. It was pretty ‘cool’!

Next was lunch where we had the opportunity to sample the UC Fare including curry, hot chips, sandwiches, lots of lollies and the world’s biggest doughnuts. In the afternoon we were split into 2 groups with one group attending a Science workshop and the other group having a look at the Law faculty which culminated in a mock trial. Again the students asked lots of questions and participated with great enthusiasm. We then went back to the lecture theatre for our farewell and again had the opportunity to ask current students about their pathways to university and in a competition, Mercedes won a UC t shirt! Finally our Aspire Agents walked us back to our coach and we arrived back at school around 5.30 pm.

I would like to take this opportunity to thank each and every student for their excellent behaviour all day and would like to congratulate them on their enthusiasm and maturity at all times. There were 3 other larger schools there on the day and it was our students who asked most of the questions. As always the
organisers were very impressed with our students. A big thank you goes to Mr Long also for accompanying us on this adventure.

Donna Shelley
Careers

Dental Hygiene Presentation

Dentistry students from the University of Sydney visited the school on the last Wednesday of last term to speak with Years 7 and 8 on dental hygiene.

Prior to the commencement of the presentation the students were asked six true and false questions. Some questions asked were the following: is it better to brush your teeth vigorously, is sucking on a lemon harmful to your teeth, should you clean your teeth before having breakfast and does chewing ice have an effect on your teeth?

The presentation showed examples of tooth decay, plaque, other tooth or mouth problems, how to brush your teeth correctly and discussed the use of fluoride in toothpaste and the importance of not washing your mouth out with water after brushing. The students asked many questions. After the presentation some students volunteered to use plaque tablets to see how well they had brushed their teeth.

On leaving each child was presented with a bag containing such items as tooth brush, tooth paste and dental floss.

Important Dates

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<td>9 May</td>
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University of Wollongong (UOW) In 2Uni Program

Term 2 sees the Year 7 Enrichment Program begin. This is a 10 week program designed to provide students with an introduction to the language of higher education and to help them recognise the link between school and university. Modules reflect the degrees offered at UOW and are linked to the NSW curriculum.

The program to be delivered is ‘Who wants to be a millionaire?’ culminating in students competitively running an online business with prizes offered for the business which demonstrates the highest amount of corporate social responsibility. The program will run Tuesday Week A in Period 5 and Thursday Week B Period 2 next term. If you have any queries or would like any further information please do not hesitate to contact me on 6458 3358.

A Year 8 Enrichment Program will run in Term 3 and more information will follow about the focus of this course later in the term.

As part of the UOW In2Uni program a full day workshop will be delivered by UOW mentors for our Year 11 students. The focus of this day will be goal setting, time management, examination preparation and essay writing. The date for this workshop is Friday 2 May 2014 (Term 2 Week 1). There are also other workshops for Year 10 and Year 12 coming up later in the year.
The In2uni program is new for Bombala High School in 2014 and we look forward to developing strong links with UOW, particularly the Bega Campus. There are also scholarships being offered to provide financial support to help students transition into life at UOW in 2015 which is great news for our current Year 12 and beyond. Again if you have any queries please give me a call.

Donna Shelley
Careers

UC4 Yourself Visit Photos
University of Wollongong Learning Labs

We have received information about an enrichment program for high achieving students from Years 7-10 to be held in the July school holidays at the University of Wollongong campus. The dates are Monday 7 July and Tuesday 8 July 2014. There are qualifying requirements which are specified in the information package. There are sponsored places available otherwise the cost for the learning labs is $165.00. Please do not hesitate to contact me for further information if you are interested as I have printed out the detailed brochure and application forms.

Donna Shelley
Careers

University of Wollongong Study Skills Day For Year 11

This Friday 2 May 2014 Year 11 students will be working with mentors from the University of Wollongong Bega Campus on study skills for their HSC. There is a varied and positive program organised which will focus on goal setting, time management, examination preparation and essay writing. This session will run all day and is designed to be before their half yearly examinations in Week 4. We are very excited about our new partnership with UOW and more programs will be running with Year 7 through to Year 12 in the near future – watch this space!!

Donna Shelley
Careers

Zone Bowls

In what was already a busy final week of Term 1, three young and enthusiastic students from Bombala High School travelled down the mountain to take on Bega High School in the Zone Lawn Bowls Competition at Club Bega

The team started very well, leading early, but the experience of the Bega High School bowlers came to the fore and, ultimately, the Bombala team was dealt a comprehensive defeat.

The second match was played, and although the Bombala team was beaten again, the score was much tighter, going down by 2 shots after 13 ends.
Congratulations to Dylan Elton, Nathan Devine and Blake Stevenson for their participation and sportsmanship. Although only a young team, these boys have a lot of potential and will no doubt grow in strength over the coming years.

Marty Lyons

Attention Year 12 - LOOK

NEW 2015 INFORMATION FROM:

University of Technology Sydney
Charles Sturt University
University of NSW
University of Canberra
Australian Catholic University
La Trobe University

Please see Donna if you need any more information on any University or Course. I will update brochures when more arrive from other institutions.
Fire & Rescue NSW is hosting its annual Open Day on Saturday 17 May 2014 between 10:00am and 2:00pm. You are invited to watch fire safety demonstrations, extrication techniques for road crashes (cutting up vehicles) hop aboard a fire truck, learn about becoming a fire fighter and get an information bag while chatting with fire fighters about fire safety and what they do. Winter is just around the corner and it’s the worst time of the year for house fires, so come along and learn as much as you can. This is a fantastic opportunity for young people and their parents to meet their local fire fighters and learn as much as you can about home fire safety.

Don’t leave fire safety to chance this winter – click on this link - 2014 Open Day Participating Stations to find your local Fire Station and join us on Saturday 17 May 2014.